

# BAY TO SOUND NEIGHBORS



The Villager Newsletter | June 2022 | Volume 4, Issue 3

## FROM THE PRESIDENT



Summer greetings to all!

May and June have been busy for B2SN. We surprised members with a special

delivery in May and this month we celebrated our volunteers on a cruise on Cape Cod Bay. Our membership team has been busy taking on new members, and we continue to recruit and train new volunteers. But the work is never done. Please spread the word that we are accepting new members. If you know someone who may need our services, have them call us. We are also looking for speaking opportunities to spread the news about what we do to assist seniors in our communities. If you are a member of a group in Yarmouth or Dennis, we can provide an informational talk. You can request a speaker by calling 508.470.0585.

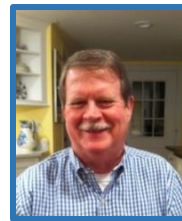
Now that the good weather is here, we are all outdoors more. We have volunteers available for all types of requests. Maybe you would like to take a walk but would prefer someone to accompany you. We can do this. Or perhaps you have a small home or garden task you would like help with. Please remember that it shouldn't take more than an hour to an hour and a half to complete, or the job is too big for a volunteer. Please read the guidelines for home & garden requests in this edition.

Have a safe and enjoyable summer!

Carol Donohue

## REMEMBERING JIM LATHROP

Recently, the Bay to Sound Neighbors community lost a special person, Jim Lathrop, after a short illness. Jim was a volunteer, former board member, volunteer committee member and the husband of B2SN co-founder Kate Lathrop. Jim began volunteering right from the start in 2018. He loved transporting members and befriended many. Very quickly, Jim became the top volunteer when it came to filling service requests, though a few other volunteers came close.



Reminiscing about Jim brings to mind a few anecdotal stories. He would often take members grocery shopping and quickly learned to read labels as directed by a member or two. With his height he could easily reach the top

shelf items that some members couldn't reach. He grew to be a favorite volunteer of a few members. Another volunteer told us of a time when shopping that she observed a man walking slowly and patiently helping an older woman grocery shop. It was a unique observation for her. When she got closer, she realized it was Jim assisting a member. Jim also had a love for all things Beethoven and when he transported a member last fall, Beethoven was playing on his car radio. The member was a musician herself and she immediately remarked on his selection as her favorite too – they made an instant connection.

In honor of Jim's dedication and having been such a prolific volunteer, the board has decided to establish an annual Volunteer of the Year award in his name. The details will be worked out at an upcoming board meeting and announced at a future date. RIP Jim.



## Welcome New Volunteers!

Many new volunteers have joined us over the past few months. We celebrate you for your desire to help your fellow neighbors in Yarmouth and Dennis at a time in their lives when their needs are greater. Welcome aboard!

Rose Johnson      Jayne Speechley Boyle  
James Tvrdik      Richard Woods

## Guidelines for Home and Garden Service Requests:

One of the ways we can help members is with small home & garden tasks that might be difficult to do ourselves as we age. A home & garden service request is for light tasks that:

- are a one-time task that can be completed in a brief period of time (usually in an hour)
- are the kind of tasks you would feel comfortable asking a friendly neighbor to do for you
- are not larger projects that you break down into several separate service requests.

Think of our volunteers as you would one of your friendly neighbors. Volunteers can trim a bush or two, but not every bush in the yard broken up into several separate service requests with the goal of getting all the bushes trimmed. There are many handymen and landscaping companies on the Cape who can help with that type of work. Examples of home & garden service requests that we will be happy to try to help with are: moving lightweight patio furniture; hanging a picture; doing a dump run; weeding a small patch of garden; changing a high up light bulb or smoke detector batteries.

When calling us for home & garden help, please be very specific about the task you want done. If we feel that

the task is appropriate for us to ask a volunteer to do, we will happily take the service request. If, however, we feel that the task is more appropriate for a paid professional, we will let you know as well.



## GARDEN TIPS:

### *Love to Cut your Hydrangeas for a Vase?*

If you love to cut hydrangea flowers from your backyard bushes, here is a tip on how to keep cut hydrangeas from wilting:

1. Cut stems at an angle
2. Put cut stems in water right away
3. Once per day, gently mist petals (Hint: use a spray bottle)
4. If the blooms start to wilt, shock them back by dunking the whole flower head in warm water for a few minutes. Yes, that's right. They are one of the only flowers that can take in water through their florets!

## SPECIAL DELIVERY FOR MEMBERS



In May, the B2SN Social Committee assembled over one hundred potted plants and treat bags for our members. Approximately twenty volunteers took part in the deliveries to the delight of our members. Pictured here are a sampling of the smiles witnessed by these volunteers as they delivered the treats! Thank you to Hart Farm of Dennis for their support.

Answers: 1. Twist 2. In a shower 3. Rawhide 4. Sing  
Along with Mitch 5. Dr. No

## Members and Volunteers Enjoying their Gifts!



and were treated to lobster rolls while taking a cruise around Sesuit Harbor on the SS Lobster Roll. A big thank you to our supporters for this event – Stage Stop Candy in Dennis and Cape Cod Lobster Cruises at the Northside Marina, Dennis.



## HONORING OUR VOLUNTEERS



Bay to Sound Neighbors recently celebrated our volunteers for the work they do to assist Bay to Sound Neighbors members in Yarmouth and Dennis. It was a long time in the making as the Volunteer Committee had plans for an event in 2020 and 2021 and had to cancel it both times due to the pandemic. But we were able to make it happen on a perfect sunny June day this time! Volunteers mingled and got to know each other



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## How well do you know your 60's trivia?

1. Which dance from the '60s created the largest craze?
2. In the year 1960, the master of suspense, Alfred Hitchcock, released a movie with a one-word title that contains one of the most famous scenes of the entire history of cinema. Where is this scene set?
3. In which of these westerns did we meet the characters Rowdy Yates and Gil Favor?
4. In what top 20 ranked TV show in 1961 was the audience invited to "follow the bouncing ball"?
5. "Bond. James Bond." Sean Connery uttered these words in the first 007 film, which premiered in 1962. Which was it?

Answers on page 2.

## JOIN US!

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